

**ĐỀ CƯƠNG ÔN TẬP KIỂM TRA GIỮA HK1 - TIẾNG ANH 9
NĂM HỌC: 2025-2026**

I. Mark the letter A, B, C or D to indicate the word whose underlined part is pronounced differently from the others.

- | | | | |
|-----------------------------|------------------------|-------------------------|-----------------------------|
| 1. A. phys <u>ic</u> al | B. minim <u>i</u> ze | C. pri <u>o</u> riority | D. deadl <u>i</u> ne |
| 2. A. c <u>a</u> rry | B. garb <u>a</u> ge | C. p <u>a</u> ragraph | D. attr <u>a</u> ction |
| 3. A. <u>a</u> ccomplish | B. <u>a</u> dditional | C. <u>a</u> nxiety | D. <u>a</u> ssignment |
| 4. A. h <u>e</u> ad | B. br <u>e</u> ad | C. l <u>e</u> ave | D. inst <u>e</u> ad |
| 5. A. couns <u>e</u> llor | B. phys <u>i</u> cal | C. optim <u>i</u> stic | D. s <u>u</u> bm <u>i</u> t |
| 6. A. del <u>i</u> very | B. sp <u>e</u> ciality | C. p <u>r</u> eserve | D. r <u>e</u> m <u>i</u> nd |
| 7. A. c <u>o</u> uncil | B. bi <u>o</u> gas | C. met <u>r</u> o | D. n <u>o</u> se |
| 8. A. h <u>o</u> me | B. h <u>e</u> althy | C. h <u>a</u> ppy | D. h <u>o</u> ur |
| 9. A. constr <u>u</u> ction | B. pop <u>u</u> lar | C. regul <u>a</u> r | D. fabul <u>o</u> us |
| 10. A. tr <u>a</u> m | B. c <u>a</u> rry | C. s <u>a</u> fe | D. tr <u>a</u> ffic |

II. Mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.

- Teens should learn to _____ conflicts appropriately to maintain healthy relationships.
A. resolve B. delay C. concentrate D. accomplish
- Prioritizing sleep is crucial; don't _____ bedtime due to distractions.
A. concentrate B. accomplish C. delay D. resolve
- Being _____ helps teens recognize their emotions and cope with stress.
A. self-disciplined B. stressed out C. self-aware D. well-balanced
- A positive _____ contributes to overall well-being.
A. mood B. independence C. priority D. due date
- Set a _____ for completing school projects to avoid last-minute stress.
A. distraction B. due date C. counsellor D. assignment
- _____ is a critical stage of development when teens transition from childhood to adulthood.
A. Counsellor B. Adolescence C. Distraction D. Priority
- Regular exercise is essential for maintaining _____ health and preventing obesity.
A. physical B. fattening C. additional D. stressed out
- To _____ stress, consider talking to a school counselor or seeking professional help.
A. delay B. minimize C. attract D. accomplish
- Setting a _____ for completing assignments helps manage time effectively.
A. anxiety B. mood C. deadline D. distraction
- Avoid _____ foods like sugary snacks and opt for nutritious options instead.
A. appropriate B. additional C. optimistic D. fattening
- Staying _____ means maintaining a healthy mix of physical activity, social interactions, and rest.
A. well-balanced B. stressed out C. self-aware D. self-disciplined
- An additional benefit of exercise is improved mood and reduced _____.
A. due date B. anxiety C. task D. assignment
- A _____ can provide guidance on academic and emotional matters.
A. accomplishment B. adolescence C. adulthood D. counsellor
- Prioritize tasks to _____ them efficiently.
A. raise B. accomplish C. minimize D. delay
- A _____ approach to eating helps maintain a healthy weight.
A. self-aware B. beautiful C. stressed out D. self-disciplined
- Don't let academic pressures leave you feeling _____.
A. fattening B. stressed out C. happy D. optimistic
- Stay _____ even during challenging times; a positive mindset is essential.
A. frustrated B. physical C. optimistic D. relaxed
- Avoid _____ like excessive screen time when studying.
A. moods B. priorities C. distractions D. due dates

19. Regular exercise has both physical and _____ health benefits.
A. mental B. embarrassed C. optimistic D. fattening
20. If it snows tomorrow, we _____ have to cancel our outdoor event.
A. can B. may C. must D. should
21. - **Susan:** Hey, How can we stay healthy?
- **Ally:** “_____” It's essential!
A. I like you to say that. B. Yes, of course. It's expensive.
C. Certainly. Do you like it, too? D. Well, we should exercise for at least 60 minutes every day.
22. - **Susan:** “_____?”
- **Ally:** A balanced diet is crucial. Fruits, veggies, whole grains, and lean proteins are great choices. Avoid junk food, like chips and soda.
A. What should we eat to be healthy B. How do you live
C. What do you earn for a living D. What are you working
23. - **Susan:** I'm tired. Should I take a nap?
- **Ally:** Yes, “_____.” A short nap can recharge you.
A. Stay calm. Everything will be alright! B. Congratulations!
C. Proper rest is essential. D. I understand how you feel.
24. - **Susan:** How can we manage stress?
- **Ally:** Try deep breathing or meditation. “_____.”
A. I'll certainly come B. Congratulations C. It helps reduce stress D. Good luck
25. _____ the temperature, _____ water turns into steam.
A. Higher / faster the B. The higher / the faster
C. The more higher / the faster D. The higher / the fast
26. The older you are, _____.
A. the more you may become worried B. the more worried you may become
C. the more worry you may become D. you may become more worried
27. The more challenging the exercises are, _____ we feel.
A. the less bored B. the least bored C. the less boring D. the least boring
28. The better the weather is, _____.
A. the beaches get the more crowded B. the beaches get the most crowded
C. the most crowded the beaches get D. the more crowded the beaches get
29. The _____ you encounter failure, the more confident you are.
A. more frequently B. as frequently C. most frequent D. more frequent
30. He spent a year in India and loves spicy food. _____ the food is, _____ he likes it.
A. The hotter/the more and more B. The hotter/the more
C. The more and more hot/the more D. The hottest/the most
31. The construction _____ next door has been noisy all week.
A. metro B. tram C. underground D. site
32. The theater in the _____ area hosts fantastic performances.
A. downtown B. hygiene C. rural D. underground
33. The new _____ features a cinema, bowling alley, and arcade.
A. traffic jam B. entertainment centre C. concrete jungle D. construction site
34. It's easy to _____ the city using public transportation.
A. carry out B. find out C. get around D. come back
35. Good _____ practices are essential to prevent the spread of diseases.
A. construction B. hygiene C. leftover D. downtown
36. My allergies cause _____ during springtime.
A. road dust B. underground system C. congested road D. itchy eyes
37. _____ is a common issue in large cities.
A. Traffic light B. Traffic flow C. Traffic safety D. Traffic congestion
38. The _____ streets of downtown are filled with people rushing to work.
A. bustling B. special C. empty D. quiet
39. To save money, I try to _____ unnecessary expenses.
A. come down with B. cut down on C. hang out with D. get on with

40. The old library was quite _____, but they recently renovated it.

A. pricey

B. reliable

C. dusty

D. quiet

III. READING

Read the following passage and mark the letter A, B, C, or D to indicate the correct word that best fits each of the numbered blanks.

A It's important to acknowledge that stress is a normal part of life; (1) _____, it's vital to learn healthy ways to manage it. Talking to trusted (2) _____, like a parent, teacher, or counselor, can be a great way to receive support and guidance.

Finding healthy outlets for stress is (3) _____. Regular exercise, spending time in nature, listening to calming music, or pursuing creative hobbies can all be (4) _____ coping mechanisms.

Learning healthy sleep hygiene and maintaining a (5) _____ diet can also significantly impact stress levels. Finally, remember to be kind to yourself. Don't be afraid to ask for help and prioritize your well-being.

1. A. so

B. but

C. therefore

D. however

2. A. adult

B. men

C. infant

D. adolescent

3. A. low

B. dependent

C. light

D. crucial

4. A. helpful

B. helpless

C. hopeful

D. hopeless

5. A. fair

B. balanced

C. equalized

D. delicious

B. It's not easy to manage school and life, but with some good time (1) _____ techniques, it's possible to achieve a study-life balance. Here are some tips for secondary-school students. Firstly, (2) _____ a schedule. Plan your week in advance, allocating specific times for studying, attending classes, and doing homework. You should also include breaks and time for relaxation or hobbies. Secondly, learn to prioritise. You should identify the most important tasks and focus (3) _____ those first. If necessary, you can delay less urgent activities until you've finished your important tasks. Remember that it's okay to say no sometimes if you feel overwhelmed. Thirdly, take (4) _____ of any free time during the day. For example, you can use long bus journeys to read or review notes. It is also advisable to get small tasks done during short breaks between classes. Finally, don't be too hard on yourself if you can't do everything perfectly. It's normal to occasionally feel stressed out. In these situations, you can consider (5) _____ to a teacher or school counsellor for support.

1. A. limitation

B. period

C. management

D. awareness

2. A. give

B. hold

C. work

D. make

3. A. to

B. on

C. with

D. of

4. A. responsibility

B. action

C. advantage

D. moment

5. A. talking

B. to talking

C. talked

D. to be talked

C.

A trip to Bat Trang

Last month, my English class went on a field trip to one of the most ancient villages in Viet Nam: Bat Trang. That day all of us got up very early so that we could arrive at the village early in the morning. When we got there, we were all **astonished** by a variety of ceramic products, most of which are for ordinary use such as bowl, cup, plates and pot. Since there were up to twenty members in our class, we decided not to join the buffalo tour. Instead, we took a walk for sightseeing and shopping around. After we had visited some of the ceramic stores along the road in the village, our teacher took us to Bat Trang Porcelain and Pottery Market. This was the most interesting part of our trip. The local people instructed us to make pottery products by themselves and introduced the tradition of the village. We were told that pottery-making skills were passed down from generation in the village. Before we left, the locals gave us small ceramic key chains as souvenirs. We really looked forward to another trip to Bat Trang.

1. What is the main idea of the passage?

A. The history of Bat Trang village

B. The variety of ceramic products in Bat Trang

C. A field trip to Bat Trang village

- D. The tradition of pottery-making in Bat Trang
2. The word “**astonished**” in the passage is closest in meaning to _____.
 A. surprised B. bored C. confused D. excited
3. What did the local people teach the students at Bat Trang Porcelain and Pottery Market?
 A. How to buy souvenirs B. How to make pottery products
 C. How to speak the local language D. How to cook traditional food
4. According to the passage, where did the students receive small ceramic key chains?
 A. At the ceramic stores B. At the buffalo tour
 C. At the pottery market D. At the village entrance
5. According to the passage, which of the following sentences is **TRUE**?
 A. The buffalo tour was the most interesting part of the trip.
 B. Pottery-making skills in Bat Trang are a recent development.
 C. The locals gave the students ceramic key chains as souvenirs.
 D. The village of Bat Trang is located near the Red River.

LIVING A HEALTHIER LIFE

Keeping fit and healthy may seem difficult, but there are a few easy-to-follow guidelines. Firstly, a balanced diet is absolutely essential. This (1) _____ selecting food that is low (2) _____ salt and sugar. Experts recommend reducing the amount of fat in your diet, as too much can lead to heart problems. They also suggest increasing the (3) _____ of high-fiber food we eat. This comes in the form of fresh fruit, vegetables, whole meal-bread and pasta. As well as (4) _____ packed with vitamins and minerals, they are delicious too. Secondly, it's important to fit exercise into your daily (5) _____. This can be done by simply walking as much as possible and climbing stairs instead (6) _____ the lift. Exercise is necessary to maintain a healthy body, as well as increasing energy levels and (7) _____ you feel generally fitter and happier. Finally, staying relaxed is important for good health. Too much stress can lead to a variety of illnesses, from headaches to high blood pressure. (8) _____ possible, do things you enjoy and treat yourself occasionally. So the message is simple - enjoy yourself but learn to respect your body too. It's all a question of getting the balance right.

(Adapted from *FCE Use of English*)

1. A. contains	B. means	C. points	D. suggests
2. A. in	B. on	C. of	D. for
3. A. amount	B. bulk	C. number	D. mass
4. A. to be	to being	C. being	D. be
5. A. time	B. custom	C. routine	D. practice
6. A. of	B. for	C. on	D. in
7. A. providing	B. doing	C. making	D. assisting
8. A. Whenever	B. Whichever	C. However	D. How

IV. WRITING

A. **Rewrite each sentence so that it has a similar meaning to the first one**

1. The street is full of people and cars during rush hour. (PACKED)
 → The street _____
2. If you don't manage your time properly, you may find it hard to finish your tasks.
 → Unless _____
3. I don't know how I can get to the swimming pool.
 → I don't know _____
4. People's health becomes worse when the air gets dirtier.
 → The dirtier _____
5. It is necessary to follow our instructions; otherwise, you don't lose weight quickly. (MUST)
 → You _____
6. Most people in this village earn their living by making traditional handicrafts. (**live on**)
 → Most people _____
7. New York is the largest city in the United States.

→ No other city

8. I have never visited such a crowded city as Tokyo.

→ Tokyo is _____

9. They couldn't turn up on time because of the traffic jams.

→ The traffic jams prevented _____

10. I'll be happy to give you a lift to school.

→ I don't mind _____

11. It took them an hour to travel to Da Nang City by airplane.

→ They spent _____

12. I don't know about this neighbourhood as well as David does.

→ David knows _____

B. Use a phrasal verb from the list to replace the words underlined.

kept on	go over	got along with	knock down	getting over
looked forward to	think over	turned down	came across	looked after

1. She's never had a good relationship with _____ her sister.

2. Maria is slowly recovering from _____ her illness.

3. I found _____ this article while I was doing my project.

4. Could you examine _____ this report and correct any mistakes?

5. He refused _____ the job because it sounded boring.

6. She continued _____ talking about her trip although everyone found it tiring.

7. I need some time to consider _____ his proposal.

8. My mother says she's feeling happy and excited about _____ meeting you.

9. The city is going to destroy _____ new library, the old train station and build a new library.

10. Our neighbour took care of _____ our cats while we were away.

C. Make sentences using the words/ phrases below to help you. You can make changes to the words/ phrases and add more words if necessary.

1. If / you / want / maintain / well-balanced / life / you / must / give / priority / your work.

2. The restaurant / bit / pricey, / so / it was / popular / teenagers.

3. she/ never/read/ such/ romantic story/ this/ before

4. he/spend/ most/time/ surf/net/ information/ the next trip

5. Van Gogh/ have/ major influence/ development/ modern painting

D. Complete the second sentence in each pair so that it has a similar meaning to the first sentence, using "if".

1. Unless you want to get sick, you should eat more healthily.

2. Read more books and you can broaden your knowledge.

3. Save money now and you can reward yourself with a long vacation at the end of the year.

4. People who live in a cold country don't like hot weather.

5. You want your health to be better. You go to bed early.

E.

1. Write a paragraph about 80–100 words about the drawbacks of living in the city.
2. Write a paragraph about 80–100 words about one of your favourite places of interest.
3. Write a paragraph about 80–100 words about your favourite community helper.

UBND THÀNH PHỐ BÀ RỊA
TRƯỜNG THCS LÊ QUANG CƯỜNG

ĐỀ KIỂM TRA GIỮA HKI
NĂM HỌC: 2024-2025

Ngày kiểm tra: 16/ 11/ 2024

ĐỀ THAM KHẢO

MÔN TIẾNG ANH – LỚP 9

Thời gian làm bài: 50 phút (Đề này gồm 2 trang)

I. LISTENING (2.0pts)

Part 1. You will hear a student asking the social organizer of his school for information about organized trips. Listen and complete the notes below using NO MORE THAN THREE WORDS AND/ OR A NUMBER for each answer. (1.0pt)

Notes on social programme

Example	Answer
Number of trips	5

Visit places which have:

- Historical interest
- A variety of (1)
- (2)

Cost: between £5.00 and £15.00 per person.

Note: Special trips organized for groups of (3) people.

Time: departure – (4); return – 6.00 p.m.

To reserve a seat: sign name on the notice board 3 days in advance.

Part 2. Listen and write True (T) or False (F) for each statement. (1.0pt)

1. Life in Hong Kong is peaceful and not stressful.
2. The speaker says changes are a part of everyday life.
3. Families in Hong Kong have lots of people.
4. The speaker says you should avoid other people to reduce stress.

II. MULTIPLE CHOICE: (2.5 pts)

1. Circle the letter A, B, C or D to indicate the word whose underlined part is pronounced differently from the others.

- A. carry B. garbage C. paragraph D. attraction
- Last month, our family went _____ to the night market in An Ngai to try some street food.
A. out B. on C. off D. over
- To save money, I try to _____ unnecessary expenses.
A. come down with B. get on with C. hang out with D. cut down on
- If you help me do all my homework this morning, I _____ go out with you this afternoon.
A. must B. can C. can't D. should
- "Believing that good things will happen" means _____.
A. delay B. distraction C. optimistic D. stressed out
- We ask him _____ to buy the best pizza in town.
A. where B. what C. why D. who
- **Susan:** How can we manage stress?
- **Ally:** Try deep breathing or meditation. "_____."
A. I'll certainly come B. Congratulations C. It helps reduce stress D. Good luck
- If Alice _____ to gain weight, she shouldn't eat much fast food.

- A. won't want B. doesn't want C. didn't want D. hasn't wanted

9. **Find and circle a mistake**

Regular exercise like jogging, cycling, and dancing can greatly enhance physic health.

- A. like B. can C. greatly D. physic

10. **Choose the word that has the main stress placed differently from the others.**

- A. electrician B. competition C. priority D. entertainment

III. READING: (2.5pts)

A. Read the following passage and choose the best option (A, B, C or D) for each blank.

(1.25pts)

It's important to acknowledge that stress is a normal part of life; (1) _____, it's vital to learn healthy ways to manage it. Talking to trusted (2) _____, like a parent, teacher, or counselor, can be a great way to receive support and guidance.

Finding healthy outlets for stress is (3) _____. Regular exercise, spending time in nature, listening to calming music, or pursuing creative hobbies can all be (4) _____ coping mechanisms.

Learning healthy sleep hygiene and maintaining a (5) _____ diet can also significantly impact stress levels. Finally, remember to be kind to yourself. Don't be afraid to ask for help and prioritize your well-being.

- | | | | |
|---------------|--------------|--------------|---------------|
| 1. A. so | B. but | C. therefore | D. however |
| 2. A. adult | B. men | C. infant | D. adolescent |
| 3. A. low | B. dependent | C. light | D. crucial |
| 4. A. helpful | B. helpless | C. hopeful | D. hopeless |
| 5. A. fair | B. equalized | C. balanced | D. delicious |

B. Read the following passage and decide the statement True or False. (1.25pts)

Located on the central coast of Vietnam, Hoi An boasts (kiêu hãnh) a unique blend of cultures and traditions. Its ancient town, a UNESCO World Heritage Site, is a town of narrow streets lined with colorful shophouses, each displaying intricate (khó hiểu) carving and vibrant hues (màu sắc rực rỡ).

The heart of the community becomes livelier in the evenings, when the sun dips below the horizon and the iconic Japanese Covered Bridge illuminates (chiếu sáng) the Thu Bon River. Families gather for evening strolls (tản bộ), enjoying street food vendors offering steaming bowls of beef noodle soup and fragrant bread.

Despite the influx of tourism, the community maintains a strong sense of togetherness. Neighbors often gather for tea and conversation on their low wooden stools placed outside their homes. During festivals like Tet, the entire town comes alive with traditional celebrations, dragon dances, and communal feasts.

Write True (T) or False (F) beside the statements.

T/F

- | | |
|--|-------|
| 1. The main theme of the passage is the challenges of tourism in Hoi An. | _____ |
| 2. Hoi An is located on the central coast of Vietnam | _____ |
| 3. The shophouses are traditionally made of wood. | _____ |
| 4. The streets are deserted after sunset. | _____ |
| 5. In Hoi An, neighbors often gather for tea. | _____ |

IV. Do as directed (3.0pts)

1. Read more books and you can broaden your knowledge. (**Rewrite the sentence, using "If"**)

⇒ If

2. The tourists wonder how they can reach the local handicraft workshop. (**Rewrite, using question word + to-inf**)

3. Since taxis are expensive, we take the bus to the city. (**Make a question for the underlined part**)

4. the/ dark/ the room/ get/,/ the/ nervous/ I/ feel/,/ (**Complete the sentence, using double comparative**)

5. **Write a paragraph about 80–100 words about how to manage your time effectively. (1.0pt)**