

Listen to the recording and mark the letter A, B, C or D on your answer sheet to indicate the correct answer for each of the following sentences. You will listen TWICE.

Question 1. What does Tyrone want some information about?

- A. water polo club B. swimming classes C. swimming pool D. swimming club

Question 2. How many clubs are mentioned in Brownston swimming pool?

- A. four B. three C. five D. six

Question 3. Which club does Tyrone suit?

- A. adults club B. Under 18s club C. Under 16s club D. Under 14s club

Question 4. When does Tyrone's club train?

- A. Monday and Tuesday B. Tuesday and Saturday
C. Tuesday and Thursday D. Monday and Thursday

Listen to the recording and mark the letter A, B, C or D on your answer sheet to indicate the correct answer for each of the following sentences. You will listen TWICE.

Question 5. Some different factors causing obesity among teenagers include _____

- A. biology, culture and behaviors B. behaviors, culture and diet
C. genes, biology and habits D. genes, health and diet

Question 6. If one parent is obese, the children have _____ chance of being obese.

- A. 55 percent B. 50 percent C. 80 percent D. 15 percent

Question 7. Some teenagers are so lazy that they can't spend any time _____

- A. playing games B. watching TV C. doing homework D. doing exercises

Question 8. when teenagers are overweight, they can face many health problems such as: _____

- A. heart disease and stomachache B. breathing problems and headache
C. toothache and joint pain D. sleeping problems and heart attack

Read the following sign or notice and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 9. What does the notice say?

Caution:

The floor is wet. Please walk carefully to avoid slipping

- A. There is no need to be careful on the floor.
B. The floor is always wet and slippery.
C. The floor is wet, walk carefully to avoid slipping.
D. The floor is wet, stand still and avoid moving.

Question 10. What does the sign say?



- A. Littering is not good for the environment
B. You mustn't throw trash on the ground.
C. Waste is not available in this place.
D. You don't need to litter in this place.

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Book donation is a wonderful way to help others and share the joy of reading. Many people have books they no longer need and donating them can make a big difference. When we donate books, we can give

them to schools, libraries, orphanages, and community centers. This helps children and adults access more stories and information.

Book donation is especially important in areas where people may not have enough money to buy books. By donating, we can provide them with new worlds to explore and new ideas to learn. It also encourages a love for reading, which is very **valuable** in education.

Many organizations hold book drives, where people can bring their old books. These events help collect a large number of books quickly. It is also a great way for the community to come together.

If you want to donate books, check local libraries or schools for their donation guidelines. Remember, a single book can change a person's life by inspiring them to dream big and learn new things. Donating books is an easy and rewarding way to make a positive impact in the community.

Question 11. What is the main idea of the passage?

- A. Donating books helps improve community education and literacy.
- B. Book donation is not as important as other forms of charity.
- C. Many people have old books that they do not want anymore.
- D. Libraries often have too many books and need help organizing them.

Question 12. Where can donated books be given?

- A. To schools, libraries, orphanages, and community centers
- B. Only to public libraries
- C. Only to individuals who request them
- D. To bookstores for resale

Question 13. What is the OPPOSITE meaning of "valuable" in the context of the passage?

- A. useful
- B. useless
- C. precious
- D. priceless

Question 14. Why is book donation important in certain areas?

- A. Because it helps people access books they cannot afford
- B. Because most people prefer digital reading
- C. Because books take up too much space in homes
- D. Because everyone has enough money to buy books

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.

Question 15. She likes socialising with friends more than watching TV

- A. She prefers socialising with friends than watching TV.
- B. She prefers to socialise with friends to play football.
- C. She prefers socialising with friends to watching TV.
- D. She prefer to socilise with friends to watch TV

Question 16. It's not good for us to eat junk food every day.

- A. We should eating junk food every day.
- B. We should eat junk food every day.
- C. We shouldn't eat junk food every day.
- D. We shouldn't to eat junk food every day.

Four phrases/sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks.

- A. eat too much sugar
- B. It is nutrients.
- C. If they eat too much, they are easy to get overweight.
- D. eat too much food in high-calories group and too little fresh and vegetables

There are two important matters in eating. First is eating enough food. If people eat too little food or wrong food, they will not have enough energy. (17) _____ Second is eating right food. It means we need to eat correct quantity of each type of food. For example, it is not good to (18) _____. So, how do we have a right and balance diet?

Firstly, we need to reduce the amount of high-calories food. Fat in that type of food may lead you to heart disease.

Secondly, you also should not (19) _____. You can completely get energy from other food. Eating sugar is bad for your teeth.

Thirdly, it is good to have a rich-fibre diet. We can find fibre from rice, bread, etc. (20) _____. It can give you lots of energy, but it does not contain much calories, so you are not afraid of getting overweight when you eat much fibre.

Question 17. _____ Question 18. _____ Question 19. _____ Question 20. _____

Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

Question 21. A. vitamin B. decorate C. benefit D. volunteer

Question 22. A. donate B. disease C. advise D. rubbish

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 23 to 24.

Question 23. Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

Last Saturday, our school went on a charity trip to help people in need. _____.

a. We organized games for the children and shared stories with them.

b. We also learned about the importance of giving and helping others.

c. We visited a local shelter and brought food, clothes, and toys.

A. b-c-a

B. c-b-a

C. c-a-b

D. a-c-b

Question 24. Choose the sentence that can end the text (in Question 23) most appropriate.

A. First, we felt happy and proud of our work.

B. To begin with, we felt happy and proud of our work.

C. In the beginning, we felt happy and proud of our work.

D. At the end of the day, we felt happy and proud of our work.

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions

Question 25. Our class/ donate/ 34 books/ School library/ World Book Day/ last week.

A. Our class donates 34 books for School library in World Book Day last week.

B. Our class donated 34 books to School library on World Book Day last week.

C. Our class donated 34 books to School library in World Book Day last week.

D. Our class donates 34 books for School library on World Book Day last week.

Question 26. Let/ join/ volunteer activities/ school.

A. Let's join volunteer activity at school.

B. Let's to join volunteer activity at school.

C. Let's join in volunteer activities at school.

D. Let's joining in volunteer activities at school.

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 27. Last year we _____ textbooks to help children in a rural village.

A. sending

B. send

C. sende

D. sent

Question 28. Look at those students. They are picking _____ used bottles to help save the environment.

A. up

B. over

C. in

D. down

Question 29. Anna has a beautiful _____ of dolls at her house.

A. collection

B. collect

C. collector

D. collective

Question 30. Jenny enjoys _____ model cars. He has many different ones on his bookshelf.

A. making

B. to get

C. to collect

D. doing

Question 31. Anna is giving health advice to Linda.

Linda: My eyes are tired.

Anna: _____

- A. You shouldn't read in dim light.
C. Wash your hands often.

- B. You can put on sunscreen.
D. You can wear a hat.

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks.

There are many reasons (32) _____ it is important to have a hobby. First of all, a hobby can be a remedy for your (33) _____. Because it is the activity you choose for yourself, it will always give you pleasure and help you relax. Even if you just spend a little time (34) _____, you can see the difference in your spirit. Second, some hobbies can also benefit you financially. Many old people enjoy gardening. They grow a lot of trees and vegetables, so they can sell them for some money. (35) _____, a hobby can help you connect with other people. If you like collecting stamps, you can join a stamp club to share your albums with other collectors. If your hobby is carving eggshells, you can give your products to your friends as gifts.

Question 32. A. why B. what C. how D. when

Question 33. A. tiredness B. happiness C. freedom D. pain

Question 34. A. hobby enjoying B. enjoying your hobby
 C. to enjoy your hobby D. enjoy your hobby

Question 35. A. In conclusion B. In summary C. In contrast D. In addition

Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 36. A. provided B. decided C. collected D. tutored

Question 37. A. surf B. nursing C. sunburn D. surround

Read the following announcement and mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 38 to 40.

WELCOME TO LENDING HANDS

Here are some activities you can do when you join our projects:

1. Help street children:

- Donate food and clothes to (38) _____ charity.*
- Tutor street children to read and write.*

2. Help lost animals:

- Help at an animal shelter.*
- Help the animals (39) _____ their owners.*

3. Protect the environment:

- Plant trees in your environment.*
- Help your neighborhood by (40) _____ the streets.*

Question 38. A. a B. no article C. the D. an

Question 39. A. find B. listen C. make D. look

Question 40. A. cleaning B. clean C. cleaned D. cleans

----- THE END -----

Listen to the recording and mark the letter A, B, C or D on your answer sheet to indicate the correct answer for each of the following sentences. You will listen TWICE.

Question 1. What does Tyrone want some information about?

- A. swimming classes B. water polo club C. swimming pool D. swimming club

Question 2. How many clubs are mentioned in Brownnton swimming pool?

- A. six B. three C. four D. five

Question 3. Which club does Tyrone suit?

- A. Under 14s club B. Under 18s club C. adults club D. Under 16s club

Question 4. When does Tyrone's club train?

- A. Tuesday and Saturday B. Monday and Thursday
C. Tuesday and Thursday D. Monday and Tuesday

Listen to the recording and mark the letter A, B, C or D on your answer sheet to indicate the correct answer for each of the following sentences. You will listen TWICE.

Question 5. Some different factors causing obesity among teenagers include _____

- A. behaviors, culture and diet B. genes, health and diet
C. genes, biology and habits D. biology, culture and behaviors

Question 6. If one parent is obese, the children have _____ chance of being obese.

- A. 15 percent B. 50 percent C. 80 percent D. 55 percent

Question 7. Some teenagers are so lazy that they can't spend any time _____

- A. watching TV B. doing homework C. doing exercises D. playing games

Question 8. When teenagers are overweight, they can face many health problems such as: _____

- A. heart disease and stomachache B. breathing problems and headache
C. toothache and joint pain D. sleeping problems and heart attack

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions

Question 9. Let/ join/ volunteer activities/ school.

- A. Let's joining in volunteer activities at school.
B. Let's join volunteer activity at school.
C. Let's to join volunteer activity at school.
D. Let's join in volunteer activities at school.

Question 10. Our class/ donate/ 34 books/ School library/ World Book Day/ last week.

- A. Our class donated 34 books to School library on World Book Day last week.
B. Our class donated 34 books to School library in World Book Day last week.
C. Our class donates 34 books for School library in World Book Day last week.
D. Our class donates 34 books for School library on World Book Day last week.

Four phrases/sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks.

- A. eat too much sugar
B. It is nutrients.
C. If they eat too much, they are easy to get overweight.
D. eat too much food in high-calories group and too little fresh and vegetables

There are two important matters in eating. First is eating enough food. If people eat too little food or wrong food, they will not have enough energy. (11) _____ Second is eating right food. It means we need to eat correct quantity of each type of food. For example, it is not good to (12) _____. So, how do we have a right and balance diet?

Firstly, we need to reduce the amount of high-calories food. Fat in that type of food may lead you to heart disease.

Secondly, you also should not (13) _____. You can completely get energy from other food. Eating sugar is bad for your teeth.

Thirdly, it is good to have a rich-fibre diet. We can find fibre from rice, bread, etc. (14) _____. It can give you lots of energy, but it does not contain much calories, so you are not afraid of getting overweight when you eat much fibre.

Question 11. _____ Question 12. _____ Question 13. _____ Question 14. _____

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks.

There are many reasons (15) _____ it is important to have a hobby. First of all, a hobby can be a remedy for your (16) _____. Because it is the activity you choose for yourself, it will always give you pleasure and help you relax. Even if you just spend a little time (17) _____, you can see the difference in your spirit. Second, some hobbies can also benefit you financially. Many old people enjoy gardening. They grow a lot of trees and vegetables, so they can sell them for some money. (18) _____, a hobby can help you connect with other people. If you like collecting stamps, you can join a stamp club to share your albums with other collectors. If your hobby is carving eggshells, you can give your products to your friends as gifts.

Question 15. A. how B. why C. when D. what

Question 16. A. happiness B. tiredness C. freedom D. pain

Question 17. A. hobby enjoying B. to enjoy your hobby
C. enjoy your hobby D. enjoying your hobby

Question 18. A. In conclusion B. In summary C. In contrast D. In addition

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 19. Jenny enjoys _____ model cars. He has many different ones on his bookshelf.

A. doing B. to get C. to collect D. making

Question 20. Last year we _____ textbooks to help children in a rural village.

A. sent B. send C. sende D. sending

Question 21. Anna is giving health advice to Linda.

Linda: My eyes are tired.

Anna: _____

A. You shouldn't read in dim light. B. You can put on sunscreen.

C. You can wear a hat. D. Wash your hands often.

Question 22. Look at those students. They are picking _____ used bottles to help save the environment.

A. up B. in C. over D. down

Question 23. Anna has a beautiful _____ of dolls at her house.

A. collection B. collector C. collect D. collective

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 24 to 25.

Question 24. Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

Last Saturday, our school went on a charity trip to help people in need. _____.

a. We organized games for the children and shared stories with them.

b. We also learned about the importance of giving and helping others.

c. We visited a local shelter and brought food, clothes, and toys.

A. b-c-a B. c-a-b C. c-b-a D. a-c-b

Question 25. Choose the sentence that can end the text (in Question 24) most appropriate.

- A. In the beginning, we felt happy and proud of our work.
- B. At the end of the day, we felt happy and proud of our work.
- C. First, we felt happy and proud of our work.
- D. To begin with, we felt happy and proud of our work.

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Book donation is a wonderful way to help others and share the joy of reading. Many people have books they no longer need and donating them can make a big difference. When we donate books, we can give them to schools, libraries, orphanages, and community centers. This helps children and adults access more stories and information.

Book donation is especially important in areas where people may not have enough money to buy books. By donating, we can provide them with new worlds to explore and new ideas to learn. It also encourages a love for reading, which is very valuable in education.

Many organizations hold book drives, where people can bring their old books. These events help collect a large number of books quickly. It is also a great way for the community to come together.

If you want to donate books, check local libraries or schools for their donation guidelines. Remember, a single book can change a person's life by inspiring them to dream big and learn new things. Donating books is an easy and rewarding way to make a positive impact in the community.

Question 26. What is the OPPOSITE meaning of "valuable" in the context of the passage?

- A. priceless
- B. precious
- C. useless
- D. useful

Question 27. Why is book donation important in certain areas?

- A. Because most people prefer digital reading
- B. Because it helps people access books they cannot afford
- C. Because everyone has enough money to buy books
- D. Because books take up too much space in homes

Question 28. What is the main idea of the passage?

- A. Libraries often have too many books and need help organizing them.
- B. Many people have old books that they do not want anymore.
- C. Donating books helps improve community education and literacy.
- D. Book donation is not as important as other forms of charity.

Question 29. Where can donated books be given?

- A. Only to public libraries
- B. To schools, libraries, orphanages, and community centers
- C. To bookstores for resale
- D. Only to individuals who request them

Read the following announcement and mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 30 to 32.

WELCOME TO LENDING HANDS

Here are some activities you can do when you join our projects:

1. Help street children:

- Donate food and clothes to (30) _____ charity.*
- Tutor street children to read and write.*

2. Help lost animals:

- Help at an animal shelter.*
- Help the animals (31) _____ their owners.*

3. Protect the environment:

- Plant trees in your environment.*
- Help your neighborhood by (32) _____ the streets.*

- Question 30. A. a B. no article C. an D. the
 Question 31. A. find B. listen C. make D. look
 Question 32. A. cleans B. cleaning C. clean D. cleaned

Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

- Question 33. A. advise B. rubbish C. disease D. donate
 Question 34. A. decorate B. benefit C. vitamin D. volunteer

Read the following sign or notice and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 35. What does the sign say?



- A. You mustn't throw trash on the ground.
 B. Littering is not good for the environment
 C. Waste is not available in this place.
 D. You don't need to litter in this place.

Question 36. What does the notice say?

Caution:
 The floor is wet. Please walk carefully to avoid slipping

- A. The floor is wet, walk carefully to avoid slipping.
 B. The floor is always wet and slippery.
 C. The floor is wet, stand still and avoid moving.
 D. There is no need to be careful on the floor.

Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

- Question 37. A. decided B. tutored C. collected D. provided
 Question 38. A. surf B. surround C. nursing D. sunburn

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.

Question 39. It's not good for us to eat junk food every day.

- A. We shouldn't eat junk food every day.
 B. We should eating junk food every day.
 C. We should eat junk food every day.
 D. We shouldn't to eat junk food every day.

Question 40. She likes socialising with friends more than watching TV

- A. She prefers socialising with friends to watching TV.
 B. She prefer to socilise with friends to watch TV
 C. She prefers socialising with friends than watching TV.
 D. She prefers to socialise with friends to play football.

----- THE END -----

Listen to the recording and mark the letter A, B, C or D on your answer sheet to indicate the correct answer for each of the following sentences. You will listen TWICE.

Question 1. What does Tyrone want some information about?

- A. swimming club B. swimming pool C. swimming classes D. water polo club

Question 2. How many clubs are mentioned in Brownnton swimming pool?

- A. five B. six C. four D. three

Question 3. Which club does Tyrone suit?

- A. Under 16s club B. Under 14s club C. adults club D. Under 18s club

Question 4. When does Tyrone's club train?

- A. Tuesday and Thursday B. Monday and Thursday
C. Monday and Tuesday D. Tuesday and Saturday

Listen to the recording and mark the letter A, B, C or D on your answer sheet to indicate the correct answer for each of the following sentences. You will listen TWICE.

Question 5. Some different factors causing obesity among teenagers include _____

- A. behaviors, culture and diet B. biology, culture and behaviors
C. genes, bilology and habits D. genes, health and diet

Question 6. If one parent is obese, the children have _____ chance of being obese.

- A. 50 percent B. 15 percent C. 80 percent D. 55 percent

Question 7. Some teenagers are so lazy that they can't spend any time _____

- A. doing homework B. doing exercises C. playing games D. watching TV

Question 8. when teenagers are overweight, they can face many health problems such as: _____

- A. heart disease and stomachache B. breathing problems and headache
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Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions

Question 9. Let/ join/ volunteer activities/ school.

- A. Let's join volunteer activity at school.
B. Let's join in volunteer activities at school.
C. Let's joining in volunteer activities at school.
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Question 10. Our class/ donate/ 34 books/ School library/ World Book Day/ last week.

- A. Our class donates 34 books for School library in World Book Day last week.
B. Our class donates 34 books for School library on World Book Day last week.
C. Our class donated 34 books to School library on World Book Day last week.
D. Our class donated 34 books to School library in World Book Day last week.

Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 11. A. surf B. nursing C. surround D. sunburn

Question 12. A. provided B. decided C. collected D. tutored

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.

Question 13. It's not good for us to eat junk food every day.

- A. We should eat junk food every day.

Question 22. Choose the sentence that can end the text (in Question 21) most appropriate.

- A. First, we felt happy and proud of our work.
- B. At the end of the day, we felt happy and proud of our work.
- C. To begin with, we felt happy and proud of our work.
- D. In the beginning, we felt happy and proud of our work.

Read the following announcement and mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 23 to 25.

WELCOME TO LENDING HANDS

Here are some activities you can do when you join our projects:

1. *Help street children:*
 - Donate food and clothes to (23) _____ charity.
 - Tutor street children to read and write.
2. *Help lost animals:*
 - Help at an animal shelter.
 - Help the animals (24) _____ their owners.
3. *Protect the environment:*
 - Plant trees in your environment.
 - Help your neighborhood by (25) _____ the streets.

Question 23. A. no article

B. an

C. the

D. a

Question 24. A. find

B. make

C. look

D. listen

Question 25. A. cleaning

B. clean

C. cleans

D. cleaned

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Book donation is a wonderful way to help others and share the joy of reading. Many people have books they no longer need and donating them can make a big difference. When we donate books, we can give them to schools, libraries, orphanages, and community centers. This helps children and adults access more stories and information.

Book donation is especially important in areas where people may not have enough money to buy books. By donating, we can provide them with new worlds to explore and new ideas to learn. It also encourages a love for reading, which is very valuable in education.

Many organizations hold book drives, where people can bring their old books. These events help collect a large number of books quickly. It is also a great way for the community to come together.

If you want to donate books, check local libraries or schools for their donation guidelines. Remember, a single book can change a person's life by inspiring them to dream big and learn new things. Donating books is an easy and rewarding way to make a positive impact in the community.

Question 26. Why is book donation important in certain areas?

- A. Because everyone has enough money to buy books
- B. Because books take up too much space in homes
- C. Because it helps people access books they cannot afford
- D. Because most people prefer digital reading

Question 27. Where can donated books be given?

- A. Only to individuals who request them
- B. To schools, libraries, orphanages, and community centers
- C. To bookstores for resale
- D. Only to public libraries

Question 28. What is the **OPPOSITE** meaning of "valuable" in the context of the passage?

- A. precious
- B. priceless
- C. useful
- D. useless

Question 29. What is the main idea of the passage?

- A. Many people have old books that they do not want anymore.
- B. Donating books helps improve community education and literacy.
- C. Libraries often have too many books and need help organizing them.
- D. Book donation is not as important as other forms of charity.

Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

- Question 30.** A. volunteer B. benefit C. vitamin D. decorate
Question 31. A. advise B. disease C. donate D. rubbish

Four phrases/sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks.

- A. eat too much sugar
- B. It is nutrients.
- C. If they eat too much, they are easy to get overweight.
- D. eat too much food in high-calories group and too little fresh and vegetables

There are two important matters in eating. First is eating enough food. If people eat too little food or wrong food, they will not have enough energy. (32) _____ Second is eating right food. It means we need to eat correct quantity of each type of food. For example, it is not good to (33) _____. So, how do we have a right and balance diet?

Firstly, we need to reduce the amount of high-calories food. Fat in that type of food may lead you to heart disease.

Secondly, you also should not (34) _____. You can completely get energy from other food. Eating sugar is bad for your teeth.

Thirdly, it is good to have a rich-fibre diet. We can find fibre from rice, bread, etc. (35) _____. It can give you lots of energy, but it does not contain much calories, so you are not afraid of getting overweight when you eat much fibre.

Question 32. _____ **Question 33.** _____ **Question 34.** _____ **Question 35.** _____

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 36. Anna is giving health advice to Linda.

Linda: My eyes are tired.

Anna: _____

- A. Wash your hands often.
- B. You shouldn't read in dim light.
- C. You can wear a hat.
- D. You can put on sunscream.

Question 37. Anna has a beautiful _____ of dolls at her house.

- A. collect
- B. collective
- C. collection
- D. collector

Question 38. Look at those students. They are picking _____ used bottles to help save the environment.

- A. down
- B. in
- C. over
- D. up

Question 39. Jenny enjoys _____ model cars. He has many different ones on his bookshelf.

- A. doing
- B. making
- C. to collect
- D. to get

Question 40. Last year we _____ textbooks to help children in a rural village.

- A. send
- B. sended
- C. sending
- D. sent

----- THE END -----

Listen to the recording and mark the letter A, B, C or D on your answer sheet to indicate the correct answer for each of the following sentences. You will listen TWICE.

Question 1. What does Tyrone want some information about?

- A. swimming pool B. swimming classes C. water polo club D. swimming club

Question 2. How many clubs are mentioned in Brownnton swimming pool?

- A. six B. five C. three D. four

Question 3. Which club does Tyrone suit?

- A. Under 14s club B. Under 16s club C. Under 18s club D. adults club

Question 4. When does Tyrone's club train?

- A. Monday and Thursday B. Monday and Tuesday
C. Tuesday and Saturday D. Tuesday and Thursday

Listen to the recording and mark the letter A, B, C or D on your answer sheet to indicate the correct answer for each of the following sentences. You will listen TWICE.

Question 5. Some different factors causing obesity among teenagers include _____

- A. genes, biology and habits B. biology, culture and behaviors
C. behaviors, culture and diet D. genes, health and diet

Question 6. If one parent is obese, the children have _____ chance of being obese.

- A. 50 percent B. 55 percent C. 80 percent D. 15 percent

Question 7. Some teenagers are so lazy that they can't spend any time _____

- A. playing games B. doing homework C. watching TV D. doing exercises

Question 8. when teenagers are overweight, they can face many health problems such as: _____

- A. sleeping problems and heart attack B. breathing problems and headache
C. heart disease and stomachache D. toothache and joint pain

Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

Question 9. A. donate B. rubbish C. advise D. disease

Question 10. A. decorate B. vitamin C. volunteer D. benefit

Read the following announcement and mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 11 to 13.

WELCOME TO LENDING HANDS

Here are some activities you can do when you join our projects:

1. Help street children:

- Donate food and clothes to (11) _____ charity.
– Tutor street children to read and write.*

2. Help lost animals:

- Help at an animal shelter.
– Help the animals (12) _____ their owners.*

3. Protect the environment:

- Plant trees in your environment.
– Help your neighborhood by (13) _____ the streets.*

Question 11. A. an B. the C. no article D. a

Question 12. A. listen B. make C. look D. find

Question 13. A. cleaning B. cleaned C. clean D. cleans

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.

Question 14. She likes socialising with friends more than watching TV

- A. She prefers socialising with friends to watching TV.
- B. She prefers to socialise with friends to play football.
- C. She prefer to socilise with friends to watch TV
- D. She prefers socialising with friends than watching TV.

Question 15. It's not good for us to eat junk food every day.

- A. We should eat junk food every day.
- B. We shouldn't eat junk food every day.
- C. We shouldn't to eat junk food every day.
- D. We should eating junk food every day.

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 16. Jenny enjoys _____ model cars. He has many different ones on his bookshelf.

- A. to get B. to collect C. making D. doing

Question 17. Look at those students. They are picking _____ used bottles to help save the environment.

- A. up B. over C. in D. down

Question 18. Last year we _____ textbooks to help children in a rural village.

- A. send B. sended C. sent D. sending

Question 19. Anna is giving health advice to Linda.

Linda: My eyes are tired.

Anna: _____

- A. You shouldn't read in dim light. B. You can put on suncream.
- C. You can wear a hat. D. Wash your hands often.

Question 20. Anna has a beautiful _____ of dolls at her house.

- A. collection B. collective C. collector D. collect

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks.

There are many reasons (21) _____ it is important to have a hobby. First of all, a hobby can be a remedy for your (22) _____. Because it is the activity you choose for yourself, it will always give you pleasure and help you relax. Even if you just spend a little time (23) _____, you can see the difference in your spirit. Second, some hobbies can also benefit you financially. Many old people enjoy gardening. They grow a lot of trees and vegetables, so they can sell them for some money. (24) _____, a hobby can help you connect with other people. If you like collecting stamps, you can join a stamp club to share your albums with other collectors. If your hobby is carving eggshells, you can give your products to your friends as gifts.

Question 21. A. what B. how C. when D. why

Question 22. A. freedom B. tiredness C. happiness D. pain

Question 23. A. hobby enjoying B. enjoy your hobby
 C. enjoying your hobby D. to enjoy your hobby

Question 24. A. In conclusion B. In summary C. In contrast D. In addition

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Book donation is a wonderful way to help others and share the joy of reading. Many people have books they no longer need and donating them can make a big difference. When we donate books, we can give

them to schools, libraries, orphanages, and community centers. This helps children and adults access more stories and information.

Book donation is especially important in areas where people may not have enough money to buy books. By donating, we can provide them with new worlds to explore and new ideas to learn. It also encourages a love for reading, which is very valuable in education.

Many organizations hold book drives, where people can bring their old books. These events help collect a large number of books quickly. It is also a great way for the community to come together.

If you want to donate books, check local libraries or schools for their donation guidelines. Remember, a single book can change a person's life by inspiring them to dream big and learn new things. Donating books is an easy and rewarding way to make a positive impact in the community.

Question 25. Where can donated books be given?

- A. Only to individuals who request them
- B. To bookstores for resale
- C. To schools, libraries, orphanages, and community centers
- D. Only to public libraries

Question 26. Why is book donation important in certain areas?

- A. Because books take up too much space in homes
- B. Because most people prefer digital reading
- C. Because everyone has enough money to buy books
- D. Because it helps people access books they cannot afford

Question 27. What is the OPPOSITE meaning of "valuable" in the context of the passage?

- A. useful
- B. useless
- C. priceless
- D. precious

Question 28. What is the main idea of the passage?

- A. Many people have old books that they do not want anymore.
- B. Libraries often have too many books and need help organizing them.
- C. Book donation is not as important as other forms of charity.
- D. Donating books helps improve community education and literacy.

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions

Question 29. Let/ join/ volunteer activities/ school.

- A. Let's join in volunteer activities at school.
- B. Let's join volunteer activity at school.
- C. Let's to join volunteer activity at school.
- D. Let's joining in volunteer activities at school.

Question 30. Our class/ donate/ 34 books/ School library/ World Book Day/ last week.

- A. Our class donates 34 books for School library on World Book Day last week.
- B. Our class donated 34 books to School library in World Book Day last week.
- C. Our class donated 34 books to School library on World Book Day last week.
- D. Our class donates 34 books for School library in World Book Day last week.

Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 31. A. sunburn B. nursing C. surf D. surround

Question 32. A. decided B. collected C. provided D. tutored

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 33 to 34.

Question 33. Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

Last Saturday, our school went on a charity trip to help people in need. _____.

- a. We organized games for the children and shared stories with them.
- b. We also learned about the importance of giving and helping others.
- c. We visited a local shelter and brought food, clothes, and toys.

A. c-b-a

B. b-c-a

C. a-c-b

D. c-a-b

Question 34. Choose the sentence that can end the text (in Question 33) most appropriate.

- A. To begin with, we felt happy and proud of our work.
- B. At the end of the day, we felt happy and proud of our work.
- C. In the beginning, we felt happy and proud of our work.
- D. First, we felt happy and proud of our work.

Four phrases/sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks.

- A. eat too much sugar
- B. It is nutrients.
- C. If they eat too much, they are easy to get overweight.
- D. eat too much food in high-calories group and too little fresh and vegetables

There are two important matters in eating. First is eating enough food. If people eat too little food or wrong food, they will not have enough energy. (35) _____ Second is eating right food. It means we need to eat correct quantity of each type of food. For example, it is not good to (36) _____. So, how do we have a right and balance diet?

Firstly, we need to reduce the amount of high-calories food. Fat in that type of food may lead you to heart disease.

Secondly, you also should not (37) _____. You can completely get energy from other food. Eating sugar is bad for your teeth.

Thirdly, it is good to have a rich-fibre diet. We can find fibre from rice, bread, etc. (38) _____. It can give you lots of energy, but it does not contain much calories, so you are not afraid of getting overweight when you eat much fibre.

Question 35. _____ **Question 36.** _____ **Question 37.** _____ **Question 38.** _____

Read the following sign or notice and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 39. What does the notice say?

Caution:

The floor is wet. Please walk carefully to avoid slipping

- A. The floor is wet, walk carefully to avoid slipping.
- B. The floor is wet, stand still and avoid moving.
- C. The floor is always wet and slippery.
- D. There is no need to be careful on the floor.

Question 40. What does the sign say?



- A. Waste is not available in this place.
- B. Littering is not good for the environment
- C. You mustn't throw trash on the ground.
- D. You don't need to litter in this place.

----- **THE END** -----